



How to Downsize for Greater Independence in Your Senior Years

Is chronic illness making it hard for you to maintain your big, beautiful home? While it's never easy letting go, downsizing could be the answer to your challenges at home. A smaller home means less square footage to clean, less to spend on upkeep and a more convenient lifestyle in your senior years. Before you make the move, however, there are a few things you need to ask yourself.

What Will Downsizing Cost?

[The surprising costs of selling a home.](#)

[10 home improvement projects to tackle before listing your home.](#)

[How much does it cost to move?](#)

Where Should You Live?

[Aging in place vs. assisted living: It's complicated.](#)

[How to help an elderly loved one downsize.](#)

[Is buying a condo a good idea or should you just buy a house instead?](#)

[Cohousing: A growing concept in communal living.](#)

How Will You Pay for a Downsized Home?

[Retired? Qualifying for a mortgage may be easier than you think.](#)

[Need a mortgage? Why and how you should shop around.](#)

[Mortgage help for veterans.](#)

[How to buy a house contingent on selling yours.](#)

Are You Ready to Let Go?

[Look for ways to downsize your belongings to free up space.](#)

[How to let go of stuff with sentimental value.](#)

[Look for ways to handle the emotional toll of downsizing.](#)

Downsizing is a major undertaking — financially, physically, and emotionally. But when you're facing physical limitations in retirement, downsizing may be the best solution to staying independent. Instead of avoiding change, start planning your downsize now so you can tackle the move while you're up to the task.

Image via [Unsplash](#)