COUSINS®

FRESH MARKET

COUSIN'S FRESH MARKET HALAL MEAT



Happy 4th of July

FRESH
Beef T-Bone
$6.99 LB.



Fresh Chicken Drumsticks
5 LB. $4.99



Fresh Ground Beef
3 LB. $12



Fresh Pork Ribs
$3.99 LB.



Extra Value Beef Patties
64 oz.
$10.99 Ea.



FRESH **Chicken Kabobs** $5.99 LB.
FRESH **Beef Kabobs** $6.99 LB.



Bar S Hot Dogs
12 Oz. Chicken or Turkey
2 FOR $4



Fresh Slice American
$4.99 LB.

FREE DELIVERY



Post Cereal
HONEY COMB, COCOA, FRUITY PEBBLES, OR GOLDEN GRISP
11-14 OZ. SEL. VAR
3 FOR $10



Entenmann's Cakes
SEL. VAR
2 FOR $7



Essential Everyday Hot Sauce
6 OZ. SEL. VAR
3 FOR $5



Blue Bonnet Or Essential Everyday Margarine
1 Lb. Qrts.
3 FOR $5



Essential Everyday Pasta
12-16 OZ. SEL. VAR
3 FOR $5



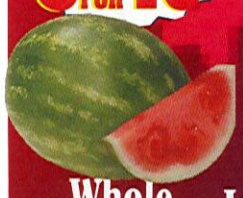
Kraft BBQ Sauce
17.5-18 OZ., SE. VAR.
3 FOR $5



Essential Everyday Ketchup
24 OZ.
3 FOR $5



Best Yet Hamburger or Hot Dog Rolls
8 PACK SEL. VAR
3 FOR $5



Whole Watermelon
$6.99



Lipton Iced Tea Mixed
MAKES 28 QUARTS
$5.99



Essential Everyday Pasta Sauce
24 OZ. SEL. VAR
2 FOR $5



Wishbone Salad Dressing
15oz.
2 FOR $5



Kraft Mac & Cheese or Veleeto
SEL. VAR
2 FOR $6



Tastykake
Sel. Var.
2 FOR $7



Cook's Briquets 8 LB.
$4.99



Turkey Hill Ice Cream
48 OZ. SEL. VAR
$3.99



Post Pebbles Crisps 6 Pack
SEL. VAR
2 FOR $6



Hawaiian Punch Gallon
SELECT VARIETIES
3 FOR $10



Kellogg's Cereals Family Size Boxes
FROOT LOOPS, APPLE JACKS, POPS, AND FROSTED FLAKES
2 FOR $10



Niagara or Essential Everyday Spring Water
3 FOR $10



Tropicana or Swiss Punch Drinks
59 OZ. SEL. VAR.
2 FOR $4



Shopper's Value Yellow Mustard
14 OZ.
4 FOR $5



Essential Everyday Tuna
5 OZ. IN WATER
4 FOR $5

6411 Woodland Ave.
Philadelphia, PA 19142
215-729-1515

5429 West Girard Ave.
Philadelphia, PA 19131
215-877-8500

5704 Baltimore Ave.
Philadelphia, PA 19143
215-747-8700

Chester 3117 W. 9th St,
Chester, PA 19013
484-483-2500

STORE HOURS:
SUNDAY 8AM - 5PM
MON. THRU SAT. 8AM - 8PM

SALE DATES:
JULY 1 - JULY 31, 2022



FREE DELIVERY
ON PACKAGES & GROCERY ORDERS
WITH PURCHASE OF $100.00 OR MORE CALL FOR MORE INFORMATION



MoneyGram. AVAILABLE AT ALL LOCATIONS!

We Accept: ACCESS VISA MasterCard DISCOVER AMERICAN EXPRESS MAC

WIC AVAILABLE

DO TO SUPPLY CHAIN ISSUES, PRICES MAY CHANGE © Sale items not for retailers or wholesalers. We reserve the right to limit quantities. Not responsible for typographical errors. Some artwork for display purposes only & may not represent actual product.

COUSINS FRESH MARKET LOWEST PRICES IN TOWN!

GROCERY!



ESSENTIAL EVERYDAY
CHARCOAL BRIQUETS
15 LB.
$11.99



HERR'S
12 PACK CHIPS
SEL. VAR.
2 FOR $10



LAY'S
18 PACK CHIPS
SEL. VAR.
$14.99



QUAKER
CAP'N CRUNCH CEREAL
10.4-12.6 OZ., SEL. VAR.
3 FOR $10



GENERAL MILLS
FAMILY SIZE CEREALS
19.3-20.7 OZ., SEL. VAR.
2 FOR $10



KISKO
BARRAS
50 CT., 5.5 OZ.
12.99



KISKO KIDS
FREEZIES
100 CT., 7 OZ.
$6.99



ESSENTIAL EVERYDAY
PASTA SAUCE
24 OZ., SEL. VAR.
2 FOR $5



ESSENTIAL EVERYDAY
KETCHUP OR YELLOW MUSTARD
14-24 OZ.
3 FOR $5



SPECIAL K
SNACK BARS
5.28 OZ., SEL. VAR.
2 FOR $6



ESSENTIAL EVERYDAY
APPLE JUICE
64 OZ., REGULAR OR LIGHT
2 FOR $5



KELLOGG'S
POP-TARTS
20.3 OZ., 12 CT., SEL. VAR.
$3.99



NABISCO
OREO OR RITZ
8.8-15.35 OZ., SEL. VAR.
$3.99



V8
VEGETABLE JUICE
46 OZ., SEL. VAR.
$3.99



NESQUIK
POWDER DRINK MIX
16-20.1 OZ., SEL. VAR.
$5.99



WISH-BONE
SALAD DRESSING
15 OZ., SEL. VAR.
2 FOR $5



ESSENTIAL EVERYDAY
PANCAKE MIX
32 OZ., SEL. VAR.
2 FOR $5



ESSENTIAL EVERYDAY
PANCAKE SYRUP
24 OZ., SEL. VAR.
2 FOR $6



ACT II
POPCORN
8.25 OZ., SEL. VAR.
2 FOR $5



KRAFT
BBQ SAUCE
17.5-18 OZ., SEL. VAR.
3 FOR $5



MANWICH
SLOPPY JOE SAUCE
15.5-16 OZ., SEL. VAR.
2 FOR $4



HUNT'S
SPAGHETTI SAUCE
24 OZ., SEL. VAR.
2 FOR $4



HUNT'S
TOMATOES
14.5-15 OZ., SEL. VAR.
2 FOR $4



LAWRY'S
MARINADES
12 OZ., SEL. VAR.
$3.99



SMUCKER'S
SUNDAE TOPPING
7.25-12.25 OZ., SEL. VAR.
2 FOR $5



COUSINS
VEGETABLE OIL
96 OZ.
$7.99



TACO BELL
DINNER KITS
8.85-14.6 OZ., SEL. VAR.
2 FOR $6



TACO BELL
TACO SAUCE
7.5 OZ., SEL. VAR.
2 FOR $5



TACO BELL
SALSA OR REFRIED BEANS
16 OZ., SEL. VAR.
2 FOR $5



TACO BELL
TACO SAUCE
8 OZ., MILD OR MEDIUM
2 FOR $5



STROEHMANN
DUTCH COUNTRY BREAD
SEL. VAR.
2 FOR $6



BEST YET
HOT DOG OR HAMBURGER BUNS
8 PACK, SEL. VAR.
3 FOR $5



STROEHMANN
KING WHITE BREAD
2 FOR $5



TOUFAYAN
BAGELS
SEL. VAR.
2 FOR $5



TASTYKAKE
FAMILY SNACKS
SEL. VAR.
2 FOR $7

MORE GROCERY!



DEER PARK OR POLAND SPRING
24 PACK WATER
16.9 OZ.
2 FOR $10



NIAGARA WATER
24 PACK
8 OZ. BTL.
3 FOR $10



NIAGARA
24 PACK WATER
16.9 OZ.
WITH $25 PURCHASE
3 FOR $10



KELLOGG'S
FAMILY SIZE CEREAL
APPLE JACKS, FROOT LOOPS, CORN POPS, FROSTED FLAKES
19.4-24 OZ., SEL. VAR.
2 OR $10



SPICE SUPREME
SEASONING
NO GARLIC
3 FOR $5

24 PACK SODA
12 OZ. CANS, SEL. VAR.
3 FOR $29.99

DAY'S
2 LITER SODA
SEL. VAR.
3 FOR $5

DAY'S
3 LITER SODA
ASSORTED FLAVORS
2 FOR $4

DAY'S
12 PACK SODA
12 OZ. CANS, SEL. VAR.
3 FOR $15

LITTLE HUG
JUICES
20 PACK
2 FOR $10

HERR'S
CHIPS BOX
28 CT.
$12.99

WISE
GRAB SNACK
22 BAGS
$8.99

PRODUCE!

5 Lb. Bag Apples
2 FOR $10

Fresh Cabbage
3 $2.00 LBS.

Jumbo Yams
5 $5.00 LBS.

Fresh Express
Salad Mix
7-9 OZ., SEL. VAR.
2 FOR $7

FRESH MANGOS
2 FOR $4

5 LB. BAG
ORANGES
2 FOR $10

LOOSE
FRESH CARROTS
99¢ LB

FRESH CUCUMBERS
3 FOR $2

10 OZ. BAG
FRESH SPINACH
2 FOR $6

2 LB. BAG
ONIONS
$1.99

FRESH
COLLARD GREENS
5 $5.00 LBS.

GLORY
COLLARD GREENS
16 OZ. BAG
2 FOR $6

COUSINS FRESH MARKET — LOWEST PRICES IN TOWN!

MEAT!



FRESH
Chicken Leg Quarters
10 LBS. $8.99



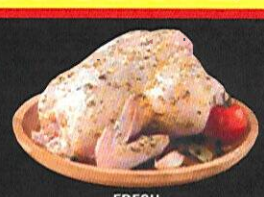
FRESH
Chicken Drumsticks
5 LBS. $4.99



FRESH
Turkey or Chicken Chops
3 LBS. $12.00



FRESH
Boneless Chicken Breast
2 LBS. $10.00



FRESH
Whole Chicken
$2.99 LB.



FRESH
T-Bone Steaks
$7.99 LB.



FRESH
Ground Turkey
3 LBS. $11.99



FRESH
Goat Meat
$5.99 LB.



FRESH
Lamb Chops
$6.99 LB.



FRESH
Pork Ribs
$3.99 LB.



FRESH
Center Cut Pork Chops
3 LBS. $9.99



FRESH
Pig Feet
$2.49 LB.



FRESH
Lean Ground Beef
3 LBS. $12.00



FRESH BEEF
Pepper Steaks
$6.99 LB.



FRESH
Shoulder Steaks
$5.99 LB.



FRESH
Beef Cubes
$5.99 LB.



Beef Top Round Steak
$5.99 LB.



FRESH
Beef Back Ribs
3 LBS. $12.00

DELI!



FRESH SLICED
American Cheese
WHITE
$4.99 LB.



CAROLINA
Turkey Ham
$4.99 LB.



DIETZ & WATSON
Buffalo Chicken
$7.99 LB.



FRESH SLICED
Turkey Pastrami
$5.99 LB.



FRESH SLICED
Roast Beef
$6.99 LB.



DIETZ & WATSON
Beef Bologna
$6.99 LB.



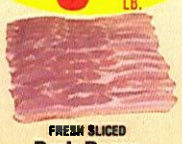
FRESH SLICED
Turkey
$4.99 LB.



FRESH SLICED
Cooper Cheese
$5.99 LB.



FRESH SLICED
Turkey Bacon
$6.99 LB.



FRESH SLICED
Pork Bacon
$5.99 LB.



FRESH SLICED
Beef Bacon
$8.99 LB.



FRESH
Pork Sausage
$6.99 LB.



PARK'S
Beef Scrapple
16 OZ.
$3.99 EA.



SMITHFIELD
Pork Bacon
16 OZ.
$5.99 EA.

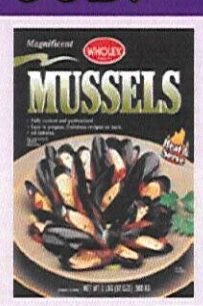


NOLTEN
Beef Patties Party Pack
24 CT., 6 LBS.
$23.99 EA.

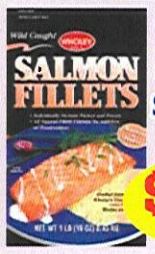
SEAFOOD!



2 LB. BAG
Whiting Fillets
$7.99



2 LB. BAG
Whole Mussels
$8.99



1 LB. BAG
Salmon Fillets
$8.99



31/40 CT.
1 LB. BAG
Raw Shrimp
$9.99



1 LB. BAG
Imitation Crab Sticks
$3.99



PIZZA, SHRIMP, OR VEGETABLE
Rolls
2 FOR $10



1 LB. BAG
Seafood Mix
$4.99

1 LB.
Imitation Crabmeat
$3.99

DAIRY!

Tropicana Orange Juice
52 OZ., SEL. VAR.
2 FOR $10

Coffee-Mate Creamer
32 OZ., SEL. VAR.
$3.99

La Yogurt
6 OZ.,
SEL. VAR.
10 FOR $10

FROZEN!

Celeste Personal Pizza
5.5-9 OZ.,
SEL. VAR.
3 FOR $5

Turkey Hill Ice Cream
48 OZ.,
SEL. VAR.
$3.99

TROPICANA
Drinks
59 OZ., SEL. VAR.
2 FOR $4

MINUTE MAID
Juices
59 OZ., SEL. VAR.
2 FOR $5

ESSENTIAL EVERYDAY
Cream Cheese
8 OZ., SEL. VAR.
2 FOR $6

ESSENTIAL EVERYDAY
Fries
19-32 OZ., SEL. VAR.
2 FOR $6

ESSENTIAL EVERYDAY
Hash Browns
21.2-32 OZ., SEL. VAR.
2 FOR $6

MCCAIN
Potato Fries or Onion Rings
14-32 OZ.,
SEL. VAR.
$4.99

TURKEY HILL
Gallon Drinks & Iced Teas
128 OZ., SEL. VAR.
$3.99

ESSENTIAL EVERYDAY
Butter Quarters
16 OZ., SEL. VAR.
$4.99

ESSENTIAL EVERYDAY
Orange Juice
64 OZ., SEL. VAR
2 FOR $6

PHILADELPHIA
Cheesecake Crumble
6.6 OZ., SEL. VAR.
$3.99

PEPPERIDGE FARM
Cakes or Turnovers
12.5-19.6 OZ.,
SEL. VAR.
$4.99

ESSENTIAL EVERYDAY
Mini Corn on the Cob
4-8 CT., 36-34.13 OZ.
2 FOR $6

ESSENTIAL EVERYDAY
Waffles
12.3 OZ.,
SEL. VAR.
2 FOR $6

WELCH'S
Juice Cocktails
59 OZ., SEL. VAR.
2 FOR $7

KELLERS
Butter Quarters
16 OZ., SEL. VAR.
$5.99

KRAFT
Shredded or Chunck Cheese
7-8 OZ., SEL. VAR.
2 FOR $6

ESSENTIAL EVERYDAY
Shredded or Chunk Cheese
6-7 OZ., SEL. VAR.
2 FOR $6

PEPPERIDGE FARM
Bread or Toast
9.5-11.75 OZ.,
SEL. VAR.
$4.99

TOTINO'S
Pizza Rolls
14.1-24.8 OZ., SEL. VAR.
$5.99

Entrees
24-28 OZ., SEL. VAR.
2 FOR $8

ELLIO'S
9 Slice Pizza
14.76-19.64 OZ., SEL. VAR.
2 FOR $8

COUSINS FRESH MARKET MEAT & DELI PACKAGES!

FREE HOME DELIVERY

ON PACKAGES & GROCERY ORDERS $100.00 OR MORE

FOR MORE INFORMATION BY PHONE:

WEST GIRARD AVE. 215-877-8500 • WOODLAND AVE. 215-729-1515 • BALTIMORE AVE. 215-747-8700 • CHESTER 484-483-2500

COUSINS FRESH MARKET

MEAT PLAN #1

- 5 LB. FRESH CHICKEN LEG QUARTERS
- 5 LB. FRESH CHICKEN WINGS
- 2 LB. FRESH BEEF SHORT RIBS
- 3 LB. FRESH GROUND BEEF
- 2 LB. FRESH BEEF CUBES

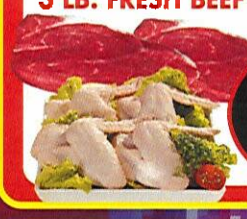


$79.99

COUSINS FRESH MARKET

MEAT PLAN #2

- 5 LB. FRESH CHICKEN LEG QUARTERS
- 5 LB. FRESH CHICKEN WINGS
- 3 LB. FRESH TURKEY CHOPS
- 2 LB. FRESH GROUND BEEF
- 2 LB. FRESH BEEF CUBES
- 3 LB. FRESH BEEF SHOULDER STEAK



$99.99

COUSINS FRESH MARKET

MEAT PLAN #3

- 5 LB. FRESH CHICKEN WINGS
- 5 LB. FRESH CHICKEN DRUMSTICKS
- 3 LB. FRESH BEEF BUTTER STEAK
- 2 LB. FRESH BEEF SHORT RIBS
- 2 LB. FRESH GROUND BEEF
- 2 LB. FRESH BEEF CUBE
- 2 PKG. BAR-S HOT DOGS CHICKEN OR TURKEY



$119.99

COUSINS FRESH MARKET

MEAT PLAN #4

- 5 LB. FRESH CHICKEN LEG QUARTERS
- 5 LB. FRESH CHICKEN DRUMS
- 5 LB. FRESH CHICKEN WINGS
- 3 LB. FRESH GROUND BEEF
- 3 LB. FRESH BEEF CUBES
- 3 LB. FRESH BEEF SHOULDER STEAKS



$129.99

COUSINS FRESH MARKET

MEAT PLAN #5

- 5 LB. FRESH CHICKEN WINGS
- 5 LB. FRESH CHICKEN DRUMS
- 3 LB. FRESH GROUND BEEF
- 5 LB. FRESH CHICKEN LEG QUARTERS
- 3 LB. FRESH BEEF BACK RIBS
- 3 LB. FRESH TURKEY CHOPS
- 2 LB. FRESH BEEF OXTAILS
- 3 LB. FRESH SHOULDER STEAKS
- 2 LB. FRESH BEEF SHORT RIBS
- (2) 1 LB. PKG. HOT DOGS CHICKEN OR TURKEY



$149.99

COUSINS FRESH MARKET

FAMILY COMBO PLAN #6

- 10 LB. CHICKEN WINGS
- 10 LB. CHICKEN LEG QUARTERS
- 5 LB. CHICKEN DRUMSTICKS
- 2 WHOLE CHICKENS
- 3 LB. T-BONE STEAK
- 3 LB. BEEF SHORT RIBS
- 3 LB. GROUND BEEF
- 1 BAG SHRIMP
- 1 BAG TILAPIA
- 4 LB. TURKEY BABY WINGS
- 4 LB. TURKEY CHOPS



$199.99

DELI PLAN #1 COUSINS FRESH MARKET

- 1/2 LB. AMERICAN CHEESE WHITE OR YELLOW
- 1/2 LB. SMOKED TURKEY BREAST
- 1/2 LB. TURKEY HAM
- 1/2 LB. BEEF BOLOGNA



$9.99

DELI PLAN #2 COUSINS FRESH MARKET

- 1/2 LB. AMERICAN CHEESE WHITE OR YELLOW
- 1/2 LB. TURKEY PASTRAMI
- 1/2 LB. ROAST BEEF
- 1/2 LB. SMOKED TURKEY BREAST



$10.99

DELI PLAN #3 COUSINS FRESH MARKET

- 1/2 LB. AMERICAN CHEESE WHITE OR YELLOW
- 1/2 LB. TURKEY HAM
- 1/2 LB. BEEF BOLOGNA
- 1/2 LB. CORNED BEEF
- 1/2 LB. TURKEY BREAST



$13.99

DELI PLAN #4 COUSINS FRESH MARKET

- 1/2 LB. AMERICAN CHEESE WHITE OR YELLOW
- 1/2 LB. ROAST BEEF
- 1/2 LB. TURKEY HAM
- 1/2 LB. HONEY TURKEY BREAST
- 1/2 LB. BEEF BOLOGNA



$14.99

DELI PLAN #5 COUSINS FRESH MARKET

DIETZ & WATSON SPECIALS

- 1/2 LB. BUFFALO CHICKEN BREAST
- 1/2 LB. PEPPER TURKEY BREAST
- 1/2 LB. BEEF BOLOGNA
- 1/2 LB. BBQ CHICKEN BREAST



$15.99

DELI PLAN #6 COUSINS FRESH MARKET

- 1 LB. TURKEY BREAST
- 1 LB. TURKEY PASTRAMI
- 1 LB. TURKEY HAM
- 1 LB. BEEF BOLOGNA



$18.99

DELI PLAN #7 COUSINS FRESH MARKET

- 1 LB. AMERICAN CHEESE WHITE OR YELLOW
- 1 LB. BUFFALO CHICKEN
- 1 LB. GOURMET TURKEY
- 1 LB. TURKEY HAM



$25.99

DELI PLAN #8 COUSINS FRESH MARKET

- 1 LB. CORNED OR ROAST BEEF
- 1 LB. AMERICAN CHEESE WHITE OR YELLOW
- 1 LB. PEPPER TURKEY BREAST
- 1 LB. BUFFALO CHICKEN
- 1 LB. BEEF BOLOGNA



$30.99

COUSINS FRESH MARKET

BREAKFAST PORK PLAN #1

- 1 LB. PORK BACON
- 1 LB. PORK SAUSAGE
- 1 LB. AMERICAN CHEESE WHITE OR YELLOW
- 1 DOZEN EGGS
- 1 LOAF BREAD
- 1 MARGARINE
- 1 LB. PORK SCRAPPLE

$25.99

COUSINS FRESH MARKET

BREAKFAST TURKEY #2

- 1 LB. TURKEY BACON
- 1 LB. TURKEY SAUSAGE
- 1 LB. AMERICAN CHEESE WHITE OR YELLOW
- 1 DOZEN EGGS
- 1 LOAF BREAD
- 1 MARGARINE
- 1 LB. TURKEY SCRAPPLE

$24.99

COUSINS FRESH MARKET

BREAKFAST BEEF PLAN #3

- 1 LB. BEEF BACON
- 1 LB. BEEF SAUSAGE
- 1 LB. AMERICAN CHEESE WHITE OR YELLOW
- 1 DOZEN EGGS
- 1 LOAF BREAD
- 1 MARGARINE
- 1 LB. BEEF SCRAPPLE

$34.99

* SALE ITEMS ARE NOT FOR RETAILERS OR WHOLESALERS * ALL MEAT SALES ARE FOR OVER THE COUNTER SALES ONLY.
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