Forever Hearts



MR. BERNARD LEON COOK

January 9, 1967 - January 14, 2022

I am at peace, my soul's at rest
There is no need for tears
For with your love I was so blessed
For all those many years.

In Honor of His Memory

Bernard Leon Cook, the son of Valerie Cook and Willie Conrad Sr., was born on January 9, 1967 in Winston-Salem, NC. He loved and was loved.

Educated in the Winston-Salem/Forsyth County School System, he participated in many activities and enjoyed sports. For many years he was employed as a forklift driver. Spending time with his family brought him great joy and he especially enjoyed watching his favorite NFL team, the Pittsburg Steelers. Bernard was a diehard fan. In the community, he loved and was concerned about his Boston/Thurmond Neighborhood and friends.

Bernard passed away on January 14, 2022. He was preceded in death by his brother Michael Cook in 1978; his paternal grandparents, Mike and Mable Conrad; and his maternal grandparents, William and Lucille Cook.

He is survived by his parents; sons, Bernard Cook Jr. and Tevan Martin; grandchild, Adrian Cook; sister, Dewanna Cook; brothers, Willie (Jackie) Conrad Jr., Marcus Conrad and Michael Conrad; aunts, Mary (John) Epps, Mary (Greg) Sawyer; uncle, Bobby Edmond; a host of nieces, nephews, and cousins; and friends, Angie Martin and Darryl Brown.

When Tomorrow Starts Without Me David M. Romano

When tomorrow starts with out me Please try to understand That an angel came and called my name And took me by the hand

The angel said my place was ready
In heaven far above
And that I would have to leave behind
All those I dearly love

But when I walked through heaven's gates
I felt so much at home
When GOD looked down and smiled at me
From his golden throne

So when tomorrow starts without me Do not think we're apart For every time you think of me Remember I'm right here in your heart