

The ABCs of the Human Body

A Fourth Grade SAMPLE Lesson Plan

Objective: To include learning and fun in association with the Human Body parts. Students will be taught the names of various body parts and their location on the human body.

TLW identify various parts of the human body using filmstrips, reference books, chars, and **The ABCs of the Human Body** activity book, and the audio file.

Steps:

1. Ask one student to lie on a large piece of paper on the floor. Have another student trace the outline of his or her body with a marker. Cut out the Human Body and hang it on the wall of the classroom.
2. Tell the students that we will be studying the human body. Inform them that they will be using reference books to identify various body parts and their location.
3. Using transparencies from the World Book Encyclopedia, volume 9, the teacher will discuss the anatomy of the human body. Students will learn the following: respiratory system, digestive system, circulatory system, skeletal system, and major muscle groups.
4. Display posters in the classroom that illustrate the major systems of the human body. For extra credit, students may bring any teaching aids from home pertaining to the human body.
5. Using our silhouette, students will draw in the muscles such as the biceps, triceps, deltoids, pectoralis major, and abdominal area. Use a red marker for the muscles.
6. Divide the class into groups of four. Each group will be assigned one of the following organs: brain, heart, lungs, kidneys, large intestine, small intestine, stomach, and the liver. Each group will research the function of their organ and give a brief report. After each report is given, a member of the group will draw the organ in its proper location on the silhouette. Using different colors for each organ will help students remember the new information.
7. A large skeleton will be constructed from bones that have been drawn on ditto paper. The bones will be cut out and glued together to form a human body. Students will use reference books to label the bones. After the skeleton has been constructed, it will be hung next to the human body with the organs.
8. Review time - Using the two models we have made the teacher will now point to body parts and ask students to identify each.
9. The teacher will play the audio file, **The ABCs of the Human Body**. Students will learn by listening to the pronunciation of the new terms.
10. Next, using **The ABCs of the Human Body** activity book, the students will read aloud each page. Ask students to name other body parts that begin with the letter "A". Repeat for letter "B" and so on.
11. Write ten words on the chalkboard using their scientific names and common names. Discuss each word, and have a student show on his body the location of body part.

12. Play the game "Concentration". Divide the class into two teams. Using the activity book, **The ABCs of the Human Body**, write the scientific names on the chalkboard. Cover each word with a card that contains a number from 1-25. Students take turns selecting a number. When a word is revealed, the student will give the common name, if correct, his team gets a point. If he is wrong a point can be deducted from his team. The game continues until all the words have been identified.
13. Allow the students to color the pictures in **The ABCs of the Human Body** activity book.

Additional Learning - The teacher will have books in the classroom about the human body so students can look at them in their free time.

These plans can be used over a period of three to four weeks. The activity book, **The ABCs of the Human Body** can be used to reinforce the daily lessons taught by the teacher. The audio file is an excellent tool to teach students the proper pronunciation of the scientific terms in the activity book. The students will enjoy coloring the pages in the activity book and this will help them retain the ABCs of the Human Body.