

The ABCs of the Human Body

A First Grade SAMPLE Lesson Plan

Objective: To include learning and fun in association with the Human Body parts. Pupils will be taught the names of various body parts and their location on the Human Body.

TLW identify various parts of the human body using the **The ABCs of the Human Body**.

Steps:

1. Alphabet and numeral exercise - TLW turn to the last page of the activity book. The teacher will instruct the students to point to the letters and say them and each phonetic sound. This chart may be used each day as a learning tool. Next, TLW turn to the back inside cover of the activity book and learn to count from 1 to 100. The teacher will identify each numeral and TLW say them aloud. This page will be useful year-round.
2. Play a game - ask students to touch their forearm, index finger, spine, gums, thigh, jaw, ankle, heel, knee, eyebrows, earlobe, wrist, skull, neck, lung area, and the phalanges.
3. Other parts of the body which begins with "A" (Arm, Abdomen)

The teacher will serve as leader and show the students the location of these body parts by Modeling.

4. Listen and learn - The teacher will play the audio file, **The ABCs of the Human Body**. TLW listen and learn many new body parts and hear the pronunciation of new terms. TLW learn (thru music and rhyme) the new terms in alphabetical sequence.
5. Using Activity Book - After the audio file, the teacher will ask the students to turn to the letter A. The teacher will read what the letter A is for in relation to the human body. "A is for ankle. Now point to the picture of an ankle. Can you think of other body parts that begin with the letter A?" Repeat for the letter B, etc.
6. Sensory learning - TLW touch his or her ankle and back, (spine), and learn these new body parts and their location.
7. Coloring - TLW learn by coloring the child on the activity page. The teacher will instruct the students to trace the Aa and then practice making more sets of Aa's on the line provided. The teacher will make Aa's on the blackboard as a model. Repeat for the letter B, etc.
8. More Fun - TLW color the picture of the ankle and the back, (spine), while listening to the audio file, **The ABCs of the Human Body**.
9. Review Game - To review, the teacher will ask the students to point to various body parts and the students will interact. "Everyone touch your ankle, knee, spine, foot, gums, hand, etc."

10. Further Review - Student volunteers can Recite the Rhyme to realize their comprehension from the lesson.
11. Practice writing the Alphabet
12. Additional Learning - Teacher will have books on the reading table about the Human Body so the students can look at them in their free time. Suggested titles: What's Inside My Body? By Dorling Kindersley and Human Body by Educational Insights.

The plan aforewritten may be used each day, one letter per day, to achieve many skills. TLW increase his vocabulary and awareness of the location of body parts. TLW use his activity book to reinforce the daily lessons taught by the teacher and the audio file. The interactive sessions will allow the student to learn the location of the ABCs of the Human Body.