

The ABCs of the Human Body

A Kindergarten SAMPLE Lesson Plan

Objective: To include learning and fun in association with the Human Body parts. Pupils will be taught the names of various body parts and their location on the Human Body.

TLW identify various parts of the human body using **The ABCs of the Human Body** book.

Steps:

1. Alphabet and numeral exercise - TLW turn to the inside cover of the activity book. The teacher will instruct the students to point to the letters and say them and each phonetic sound. This chart may be used each day as a learning tool. Next, TLW turn to the last page of the activity book and learn to count from 1 to 100. The teacher will identify each numeral and TLW say them aloud. This page will be useful year-round.
2. Play a game - ask students to point to their body parts, i.e., hand, eye, arm, head, fingers, teeth, nose, ears, and lips.
3. More specific - ask students to touch their eyelashes, elbow, wrist, ankle, heel, gums, knee, cheeks, forehead, thigh, fingernails, jaw, eyelids, calf, eyebrows, earlobes, back, neck, pupils, and spine.
4. Other parts of the body which begins with "A" (Arm, Abdomen)

The teacher will serve as leader and show the students the location of these body parts by Modeling.

5. Listen and learn - The teacher will play the audio file, **The ABCs of the Human Body**. TLW listen and learn many new body parts and hear the pronunciation of new terms. TLW learn, with music and rhyme, the new terms in alphabetical sequence.
6. Using Activity Book - After the audio file, the teacher will ask the students to turn to the first page in the ABC'S of the Human Body activity book. Along with the teacher, TLW identify the letter A. The teacher will read what the letter A is for in relation to the human body. "A is for ankle, now point to the picture of an ankle. Can you think of other body parts that begin with the letter A?"
7. Sensory learning - TLW touch his or her ankle and learn this new part of his own body and its location.
8. Coloring - TLW learn by coloring the Child on the activity page. The teacher will instruct the student to trace the Aa and then make two more sets of Aa's on the line provided. The teacher will make Aa's on the blackboard as a Model.
9. More Fun - TLW color the picture of the ankle while listening to the audio file **The ABCs of the Human Body**.

10. Practice writing the Alphabet

11. Review Game - To review the teacher will ask the students to point to various body parts and the students will interact. "Everyone touch your ankle, knee, eyes, spine, foot, gums, hand, etc.

12. Further Review - Teacher will play the audio file again and when finished ask the students to repeat all he or she can remember!

13. Additional Learning - Teacher will have books on the reading table about the Human Body so the students can look at them in their free time. Suggested titles: What's Inside My Body? By Dorling Kindersley and Human Body by Educational Insights.

The plan aforewritten may be used each day, one letter per day, to achieve many skills. TLW increase his vocabulary and awareness of the location of body parts. TLW use his activity book to reinforce the daily lessons taught by the teacher and by the audio file. The interactive sessions will allow the students to learn the location of the ABCs of the Human Body.