

A Pre-K SAMPLE Lesson Plan

Objective: To include learning and fun in association with the human body parts. Pupils will be taught the names of various body parts and their location on the Human Body.

TLW identify various body parts of the human body using **The ABCs of the Human Body** book.

Steps:

1. Play a game - ask students to point to their body parts, i.e., hand, eye, arm, head, fingers, teeth, nose, ear, and lips.
2. More specific - ask the students to touch the elbow, wrist, ankle, heel, gums, knee, cheeks, forehead, thigh, fingernail, jaw, eyelid, calf, eyebrow, earlobes, and back.
3. Other parts of the body which begins with “A” (Arm, Abdomen)

The teacher will serve as leader and show the students the location of these body parts by Modeling.

4. Listen and Learn - The teacher can play the audio file, **The ABCs of the Human Body**. **TLW** listen and learn many new body parts and hear the pronunciation of new terms. **TLW** learn, with music and rhyme, the new terms in alphabetical sequence.
5. Using Activity Book - After the audio file, the teacher will ask the students to turn to the first page in the ABC’S of the Human Body activity book. Along with the teacher, **TLW** identify the letter A. The teacher will read what the letter A is for in relation to the human body. “A is for ankle, now point to the picture of an ankle. Can you think of other body parts that begin with the letter A?”
6. Sensory learning - **TLW** touch his or her ankle and learn this new part of his own body and its location.

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7. Coloring - **TLW** learn by coloring the Image on the activity page. The teacher will instruct the student to trace the Aa and practice letter writing.
8. Review game - To review the teacher will ask the students to point to various body parts and the students will interact. “Everyone touch your ankle, knee, eye, elbow, foot, gums, hand, etc.”
9. Further review - Teacher will play the audio file again and when finished ask the students to repeat all he or she can remember!
10. Additional learning - If time permits then begin to learn the location of the ABCs of the Human Body.

