

## The ABCs of the Human Body

### A Second Grade SAMPLE Lesson Plan

Objective: To include learning and fun in association with the Human Body parts. Students will be taught the names of various body parts and their location on the Human Body.

TLW identify various body parts of the human body using **The ABCs of the Human Body** book.

Steps:

1. Introduction - For this lesson we will focus on Vv, for Vessel, (Blood, Veins, and Arteries).
2. Teaching - State that the heart is a muscle similar to the calf muscle in the leg, or the biceps in the arm, except the function of the heart is to pump blood to all parts of the body.
3. Sensory learning - Using a model of the heart, show the students the chambers, and the aorta, and allow each student to hold and investigate the heart.
4. Continue - Explain to the students what a pulse is, then explain that everyone has a resting pulse rate. Ask students, "What might happen if a person gets scared?", "Does the heart go slower or faster?"
5. Interactive learning - Have everyone stand and demonstrate how to find their pulse or heartbeat. Next, have the students jog in place for about 30 seconds. Now instruct the students to find their heartbeat, it should be much easier and faster!
6. More extensive - Introduce the stethoscope and allow students to use it to listen to each other's heartbeat.
7. Play a game - Make a large heart on the floor with masking tape. Discuss the parts of the heart by pointing to the different sections. Students can sit or stand in the chambers.
8. Using activity Book - Have students turn to the Vv page in the activity book, Super ABC'S of the Human Body.
9. Further learning - Teach the students the difference between veins and arteries, have the students color the picture using red for arteries and blue for the veins. Explain the difference in oxygen.
10. Listen and Learn - Listen to the audio file, **The ABCs of the Human Body**. After listening, ask for volunteers to repeat all they can remember.
11. Self-Expression - Have the students draw a self-portrait of their body, concentrating on the heart and the veins and arteries.
12. Other parts of the body which begins with "A" ( Arm, Abdomen )

The aforewritten lesson plan may be used each day, one letter per day, to achieve many skills. TLW increase his vocabulary and awareness of the location of body parts. TLW use his activity book to reinforce the daily lessons taught by the teacher and the audio file. The interactive sessions will allow the students to learn the location of the ABCs of the Human Body.

