Twining Valley

Choose Your Own Path!

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OCTOBER 2019

	Mon	Tue	Wed	Thu	Fri	Sat
		1	2 SITTERCISE 9:15AM BLENDS & FRIENDS BREAKFAST 8-10AM	3 BLOOD PRESSURE CHECK-10:00AM WALK & TALK @ 4:00 O'CLOCK	4 SITTERCISE 9:15AM	5
6	7 SITTERCISE 9:15AM GROCERY BINGO- 1:30PM	8 SOCIAL COMMITTEE- 10:00AM	9 BLENDS & FRIENDS BREAKFAST 8-10AM SITTERCISE 9:15 AM TWINING VALLEY CARD PARTY-1:30PM	10 WALK & TALK @ 4:00 O'CLOCK	11 SITTERCISE 9:15 AM COFFEE & DONUTS 10:00AM	12
13	14 SITTERCISE 9:15AM	15 BIRTHDAY BASH- 2:00PM	16 BLENDS & FRIENDS BREAKFAST 8-10AM SITTERCISE 9:15AM	17 WALK & TALK @ 4:00 O'CLOCK	18 SITTERCISE 9:15 AM	19
20 BINGO- 6:30PM	21 SITTERCISE 9:15AM	22 FLU SHOTS 2019~ 10-10:30AM	23 BLENDS & FRIENDS BREAKFAST 8-10AM SITTERCISE 9:15AM	24 MUSIC-"Chip Messiner" 2:00PM WALK & TALK @4:00 O'CLOCK	25 SITTERCISE 9:15AM COFFEE & MUFFINS 10:00AM	26
27	28 MOVIE & POPCORN- "Seven brides for seven brothers"- 1:30PM	29	30 BLENDS & FRIENDS BREAKFAST 8-10AM SITTERCISE 9:15AM TRICK OR TREAT~ 3:30-5:00PM	31 WALK & TALK @ 4:00 O'CLOCK HAPPY HALLOWEEN BOO!		

SEPTEMBER 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 LABOR DAY OFFICES CLOSED	3	4 BLENDS & FRIENDS BREAKFAST 8-9:30AM SITTERCISE 9:15AM	5 BLOOD PRESSURE CHECK-10:00AM BEHRING CENTER BRAT BASH –NOON	6 SITTERCISE 9:15AM	7 Alzheimer's Walk- 8:30AM
8 GRAND PARENTS DAY	9 SITTERCISE 9:15AM GROCERY BINGO- 1:30PM	10 SOCIAL COMMITTEE MEETING-10:00AM	11 BLENDS & FRIENDS BREAKFAST 8-9:30AM SITTERCISE 9:15AM TWINING VALLEY CARD PARTY-1:30PM	12 WALK & TALK @ 4:00 O'CLOCK	13 SITTERCISE 9:15AM COFFEE & DONUTS- 10:00AM	14
15	16 SITTERCISE 9:15AM	17 BIRTHDAY BASH- 2:00PM	18 BLENDS & FRIENDS BREAKFAST 8-9:30AM SITTERCISE 9:15AM	19 OUT-TO-LUNCH- "Suisse Haus"-11:30AM WALK & TALK @ 4:00 O'CLOCK	20 SITTERCISE 9:15AM	21
22 BINGO 6:30PM	23 SITTERCISE 9:15AM	24 MUSIC- "Hugo Espinoza" 2:00PM	25 BLENDS & FRIENDS BREAKFAST 8-9:30AM SITTERCISE 9:15AM	26 WALK & TALK @ 4:00 O'CLOCK	27 SITTERCISE 9:15AM COFFEE & MUFFINS 10:00AM	28
29	30 SITTERCISE 9:15AM MOVIE & POPCORN 1:30PM "The Bat" Starring Richard Price					

AUGUST 2019

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 WALK & TALK @ 4:00 O'CLOCK	2 SITTERCISE 9:15AM COFFEE & MUFFINS 10:00AM	3
4	5 SITTERCISE 9:15AM	6 PRESENTATION @ ASTER "Joylene Reavis" Emu Farm~1:30PM	7 SITTERCISE-9:15AM BLENDS & FRIENDS BREAKFAST-8:00-10:00AM	8 WALK & TALK @ 4:00 O'CLOCK	9 SITTERCISE 9:15AM	10
11	12 SITTERCISE 9:15AM	13 SOCIAL COMMITTEE ~10:00 AM GROCERY BINGO-1:30PM	14 SITTERCISE 9:15AM BLENDS & FRIENDS BREAKFAST-8-10AM TWINING VALLEY CARD PARTY-1:30PM	15 WALK & TALK @ 4:00 O'CLOCK	16 SITTERCISE 9:15AM COFFEE & DOUGH-NUTS-10:00AM	17
18 BINGO 6:30PM	19 SITTERCISE 9:15AM	20 BIRTHDAY BASH-2:00PM	21 SITTERCISE-9:15AM BLENDS & FRIENDS BREAKFAST-8:00-10:00AM	22 WALK & TALK @ 4:00 O'CLOCK	23 SITTERCISE 9:15AM ANNUAL FAMILY & FRIENDS PICNIC~ NOON	24
25	26 SITTERCISE 9:15AM MUSIC DVD & POP-CORN- ~ 1:30PM "Branson DVD"	27 MUSIC~ "Del Heins" 2:00PM	28 SITTERCISE 9:15AM BLENDS & FRIENDS BREAKFAST-8:00-10:00AM	29 WALK & TALK @ 4:00 O'CLOCK	30 SITTERCISE 9:15AM COFFEE & MUFFINS 10:00AM	31

JULY 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 SITTERCISE 9:15AM	2	3 BLENDS & FRIENDS-8:00-10:00AM SITTERCISE 9:15AM	4 INDEPENDENCE DAY ~OFFICE CLOSED ~	5 SITTERCISE 9:15AM COFFEE & MUFFINS 10:00AM	6
7	8 SITTERCISE 9:15AM	9 SOCIAL COMMITTEE MEETING-10:00AM GROCERY BINGO-1:30PM	10 BLENDS & FRIENDS-8:00-10:00AM SITTERCISE 9:15AM TWINING VALLEY CARD PARTY-1:30PM	11 BLOOD PRESSURE-10:00AM WALK & TALK @ 4:00 O'CLOCK	12 SITTERCISE 9:15AM	13
14 BINGO-6:30PM	15 SITTERCISE 9:15AM SPEAKER-"SSM Health" Recognizing Scams & Identity Theft-1:30PM	16 BIRTHDAY BASH-2:00PM	17 BLENDS & FRIENDS-8:00-10:00AM SITTERCISE 9:15AM	18 WALK & TALK @ 4:00 O'CLOCK	19 SITTERCISE 9:15AM COFFEE & DOUGH-NUTS 10:00AM	20
21	22 SITTERCISE 9:15AM	23	24 BLENDS & FRIENDS-8:00-10:00AM SITTERCISE 9:15AM	25 WALK & TALK @ 4:00 O'CLOCK	26 SITTERCISE 9:15AM	27
28 BINGO-6:30PM	29 MOVIE & POPCORN "The Thrill of it all" star ring Doris Day	30 MUSIC-"Ernie Saunders & Friend 1:30PM	31 BLENDS & FRIENDS-8:00-10:00AM SITTERCISE 9:15AM			

JUNE 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1.
2. BINGO 6:30PM	3. SITTERCISE 9:15AM	4.	5. BLENDS & FRIENDS- 8-10AM SITTERCISE 9:15 AM	6. BLOOD PRESSURE CHECK-10:00AM WALK & TALK @ 3:00 O'CLOCK	7. SITTERCISE 9:15 AM COFFEE & MUFFINS 10:00AM	8.
9.	10. SITTERCISE 9:15 AM	11. SOCIAL COMMIITTEE -10:00AM GROCERY BINGO- 1:30	12. BLENDS & FRIENDS- 8-10AM SITTERCISE 9:15 AM TWINING VALLEY CARD PARTY-1:30PM	13. FATERS DAY SUNDAES-1:30PM WALK & TALK @ 3:00 O'CLOCK	14. SITTERCISE-9:15AM	15.
16. FATHERS DAY	17. SITTERCISE 9:15 AM	18. BIRTHDAY BASH- 2:00PM	19. BLENDS & FRIENDS- 8-10AM SITTERCISE 9:15 AM	20. WALK & TALK @ 3:00 O'CLOCK	21. SITTERCISE 9:15 AM COFFEE & DOUGHNUTS 10:00AM ***1st Day of Summer***	22.
23. BINGO 6:30PM 30.	24. SITTERCISE 9:15AM MOVIE & POPCORN– 1:30PM	25. MUSIC "Schliem- Peterson Band-"2:00PM	26. BLENDS & FRIENDS- 8-10AM SITTERCISE 9:15 AM	27. WALK & TALK @ 3:00 O'CLOCK	28. SITTERCISE 9:15 AM	29.

MAY 2019

■ Choose Your Own Path!

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 BLENDS & FRIENDS BREAKFAST 8-10AM SITTERCISE 9:15AM	2 BLOOD PRESSURE CHECK-10:00AM WALK & TALK @ 3:00 O' CLOCK	3 SITTERCISE 9:15AM	4
5 BINGO-6:30PM	6 SITTERCISE 9:15AM	7	8 BLENDS & FRIENDS BREAKFAST 8-10AM SITTERCISE-9:15AM TWINING VALLEY CARD PARTY– 1:30PM	9 MOTHER'S DAY SUNDAES-1:30PM WALK & TALK @ 3:00 O' CLOCK	10 SITTERCISE 9:15AM COFFEE & MUFFINS 10:00AM	11
12 HAPPY MOTHER'S DAY	13 SITTERCISE 9:15AM	14 SOCIAL COMMITTEE– 10:00 AM GROCERY BINGO - 1:30PM	15 BLENDS & FRIENDS BREAKFAST 8-10AM SITTERCISE 9:15AM	16 GAME DAY-1:30PM WALK & TALK @ 3:00 O'CLOCK	17 SITTERCISE 9:15AM	18
19 BINGO-6:30PM	20 SITTERCISE 9:15AM	21 BIRTHDAY BASH-2:00PM	22 BLENDS & FRIENDS BREAKFAST 8-10AM SITTERCISE-9:15AM	23 MUSIC- "Kittleson & Huntington" 2:00PM WALK & TALK @ 3:00 O'CLOCK	24 SITTERCISE 9:15AM COFFEE & DOUGH-NUTS-10:00AM	25
26	27 SITTERCISE 9:15AM MEMORIAL DAY ~OFFICES CLOSED~	28 MOVIE & POPCORN 1:30PM	29 BLENDS & FRIENDS BREAKFAST 8-10AM SITTERCISE 9:15AM	30 NEW NEIGHBOR-HOOD MIXER-1:30PM WALK & TALK @ 3:00 O'CLOCK	31 SITTERCISE-9:15AM	

APRIL 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 **SITTERCISE 9:15AM**	**2**	**3** **BLENDS & FRIENDS-8:00-10:00AM** **SITTERCISE 9:15AM**	**4** **BLOOD PRESSURE CHECK-10:00AM** **WALK & TALK @ 3:00 O'CLOCK**	**5** **SITTERCISE 9:15AM**	**6**
7	**8** **SITTERCISE 9:15AM**	**9** **SOCIAL COMMITTEE MEETING-10:00AM** **GROCERY BINGO– 1:30PM**	**10** **BLENDS & FRIENDS-8:00-10:00AM** **SITTERCISE 9:15AM** **TWINING VALLEY CARD PARTY-1:30PM**	**11** **WALK & TALK @ 3:00 O'CLOCK**	**12** **SITTERCISE 9:15AM** **COFFEE & MUFFINS 10:00AM**	**13**
14 **BINGO**	**15** **SITTERCISE 9:15AM**	**16** **BIRTHDAY BASH-2:00PM**	**17** **BLENDS & FRIENDS-8:00-10:00AM** **SITTERCISE 9:15AM**	**18** **WALK & TALK @ 3:00 O'CLOCK**	**19** **SITTERCISE 9:15AM** **GOOD FRIDAY~ OFFICE CLOSED @ NOON**	**20**
21 **EASTER SUNDAY**	**22** **SITTERCISE 9:15AM**	**23** **MUSIC-"Rock Prairie Dulcimers" 2:00PM**	**24** **BLENDS & FRIENDS-8:00-10:00AM** **SITTERCISE 9:15AM**	**25** **WALK & TALK @ 3:00 O'CLOCK**	**26** **SITTERCISE 9:15AM** **COFFEE & DOUGH-NUTS 10:00AM**	**27**
28 **BINGO 6:30PM**	**29** **SITTERCISE 9:15AM** **MOVIE & POPCORN 1:30PM**	**30**	**31** **SITTERCISE 9:15AM** **BLENDS & FRIENDS-8:00-10:00AM** **SITTERCISE 9:15AM**			

MARCH 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 SITTERCISE 9:15 AM COFFEE & DOUGH-NUTS-10:00AM	2
3 BINGO 6:30PM	4 SITTERCISE 9:15 AM	5	6 BLENDS & FRIENDS BREAKFAST 8-10AM SITTERCISE 9:15AM	7 BLOOD PRESSURE CHECK 10:00AM WALK & TALK @ 3:00 O'CLOCK	8 SITTERCISE 9:15 AM	9
10 DAY-LIGHT SAVINGS TIME BEGINS	11 SITTERCISE 9:15 AM GROCERY BINGO 1:30PM	12 SOCIAL COMMITTEE 10:00AM	13 BLENDS & FRIENDS BREAKFAST 8-10AM SITTERCISE 9:15 AM TWINING VALLEY CARD PARTY-1:30PM	14 JUNCTION JAMMERS-1:30PM w/ refreshments WALK & TALK @ 3:00 O' CLOCK	15 SITTERCISE-9:15AM COFFEE & MUFFINS 10:00AM	16
17 ST. PATTY'S DAY	18 SITTERCISE 9:15 AM	19 BIRTHDAY BASH 2:00PM	20 BLENDS & FRIENDS BREAKFAST 8-10AM SITTERCISE 9:15 AM	21 "SOUPER THURSDAY"-NOON WALK & TALK @ 3:00 O'CLOCK	22 SITTERCISE 9:15 AM	23
24 . BINGO 6:30PM 31.	25 MOVIE & POPCORN 1:30PM	26	27 BLENDS & FRIENDS BREAKFAST 8-10AM SITTERCISE 9:15 AM	28 MUSIC-"The Twighlight-ers"– 2:00.PM WALK & TALK @ 3:00 O'CLOCK	29 SITTERCISE 9:15AM COFFEE & DOUGH-NUTS– 10:00AM	30

FEBRUARY 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 SITTERCISE 9:15 AM COFFEE & DOUGH-NUTS-10:00AM	2
3 BINGO-6:30PM	4 SITTERCISE 9:15 AM	5	6 BLENDS & FRIENDS BREAKFAST 8-10AM SITTERCISE 9:15AM	7 BLOOD PRESSURE CHECK-10:00AM WALK & TALK @ 3:00 O'CLOCK	8 SITTERCISE 9:15	9
10	11 SITTERCISE 9:15 AM GROCERY BINGO 1:30PM	12 SOCIAL COMMIITTEE-10:00AM	13 BLENDS & FRIENDS BREAKFAST 8-10AM SITTERCISE 9:15 AM TWINING VALLEY CARD PARTY-1:30PM	14 ~ VALENTINES DAY ~ JUNCTION JAMMERS 1:30PM & TREATS WALK & TALK @ 3:00 O' CLOCK	15 SITTERCISE-9:15AM COFFEE & MUFFINS 10:00AM	16
17 BINGO 6:30PM	18 SITTERCISE 9:15 AM	19 BIRTHDAY BASH 2:00PM	20 BLENDS & FRIENDS BREAKFAST 8-10AM SITTERCISE 9:15 AM	21 WALK & TALK @ 3:00 O'CLOCK	22 SITTERCISE 9:15 AM GAME DAY-1:30PM	23
24 .	25 MOVIE & POPCORN 1:30PM	26	27 BLENDS & FRIENDS BREAKFAST 8-10AM SITTERCISE 9:15 AM	28 WALK & TALK @ 3:00 O'CLOCK		

JANUARY 2019

Choose Your Own Path!

	Mon	Tue	Wed	Thu	Fri	Sat
		1 *HAPPY NEW YEAR!!!* OFFICE CLOSED	2 SITTERCISE 9:15AM BLENDS & FRIENDS BREAKFAST 8-10AM	3 BLOOD PRESSURE CHECK-10:00AM WALK & TALK @ 3:00 O'CLOCK	4 SITTERCISE 9:15AM COFFEE & DOUGHNUTS 10:00AM	5
6 BINGO-6:30PM	7 SITTERCISE 9:15AM GROCERY BINGO-1:30PM	8 SOCIAL COMMITTEE-10:00AM	9 BLENDS & FRIENDS BREAKFAST 8-10AM SITTERCISE 9:15 AM TWINING VALLEY CARD PARTY-1:30PM	10 WALK & TALK @ 3:00 O'CLOCK	11 SITTERCISE 9:15 AM GAME DAY- 1:30PM	12
13	14 SITTERCISE 9:15AM	15 BIRTHDAY BASH-2:00PM	16 BLENDS & FRIENDS BREAKFAST 8-10AM SITTERCISE 9:15AM	17 WALK & TALK @ 3:00 O'CLOCK	18 SITTERCISE 9:15 AM COFFEE & MUFFINS 10:00AM	19
20 BINGO 6:30PM	21 SITTERCISE 9:15AM	22	23 SITTERCISE 9:15AM BLENDS & FRIENDS BREAKFAST 8-10AM SITTERCISE 9:15AM	24 WALK & TALK @ 3:00 O'CLOCK	25 SITTERCISE 9:15AM	26
27	28 SITTERCISE 9:15AM CONCERT & POP-CORN– 1:30PM	29 NEW NEIGHBOR-HOOD MIXER PARTY 1:30PM	30 SITTERCISE 9:15AM BLENDS & FRIENDS BREAKFAST 8-10AM SITTERCISE 9:15AM	31 WALK & TALK @ 3:00 O'CLOCK		

Twining Valley

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1.
2.	3. SITTERCISE 9:15AM	4. CRAFT PROJECT w/ Joy– 1:30PM	5. BLENDS & FRIENDS- 8-10AM SITTERCISE 9:15 AM	6. BLOOD PRESSURE CHECK-10:00AM WALK & TALK @ 3:00 O'CLOCK	7. SITTERCISE 9:15 AM COFFEE & DOUGHNUTS 10:00AM	8.
9. BINGO 6:30PM	10. SITTERCISE 9:15 AM JR. OPTIMIST-BINGO 2:45PM	11. SOCIAL COMMIITTEE -10:00AM CARLSON FAMILY XMAS MUSIC-2:00- 3:00PM	12. BLENDS & FRIENDS- 8-10AM SITTERCISE 9:15 AM TWINING VALLEY CARD PARTY-1:30PM	13. WALK & TALK @ 3:00 O'CLOCK	14. SITTERCISE-9:15AM RESIDENT CHRISTMAS PARTY-NOON	15.
16.	17. SITTERCISE 9:15 AM	18. BIRTHDAY BASH- 2:00PM	19. BLENDS & FRIENDS- 8-10AM SITTERCISE 9:15 AM	20. WALK & TALK @ 3:00 O'CLOCK	21. SITTERCISE 9:15 AM COFFEE & MUFFINS- 10:00AM	22.
23. 30. BINGO 6:30PM	24. CHRISTMAS EVE OFFICE CLOSED 31. NEW YEARS EVE OFFICE CLOSED	25. CHRISTMAS DAY OFFICE CLOSED *MERRY CHRISTMAS!*	26. BLENDS & FRIENDS- 8-10AM SITTERCISE 9:15 AM MOVIE & POPCORN- 1:30PM "Home Alone"	27. WALK & TALK @ 3:00 O'CLOCK	28. SITTERCISE 9:15 AM	29.

NOVEMBER 2018

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 BLOOD PRESSURE CHECK-10:00AM	2 SITTERCISE 9:15AM	3
4 DAYLIGHT SAVINGS TIME ENDS~	5 SITTERCISE 9:15AM	6 ~ ELECTION DAY ~	7 SITTERCISE-9:15AM BLENDS & FRIENDS BREAKFAST-8:00-10:00AM	8	9 SITTERCISE 9:15AM COFFEE & DOUGH-NUTS-10:00AM VETERANS-Pie & Coffee 1:00-3:00PM	10
11 VETERANS DAY	12 SITTERCISE 9:15AM GROCERY BINGO-1:30PM	13 SOCIAL COMMITTEE ~10:00 AM BIRTHDAY BASH 2:00PM	14 SITTERCISE 9:15AM BLENDS & FRIENDS BREAKFAST-8-10AM TWINING VALLEY CARD PARTY-1:30PM	15 CHILI COOK-OFF WITH ASTER @ TWINING VALLEY 2:00PM	16 SITTERCISE 9:15AM	17 United Methodist Church-1:30-2:30PM
18 BINGO 6:30PM	19 SITTERCISE 9:15AM PARKSIDE 2nd GRAD-ERS-10:30AM	20 HARVEST LUNCH-NOON	21 SITTERCISE-9:15AM BLENDS & FRIENDS BREAKFAST-8:00-10:00AM	22 THANKSGIVING DAY ~OFFICE CLOSED~	23 ~ OFFICE CLOSED ~	24
25	26 SITTERCISE 9:15AM MOVIE & POPCORN-1:30PM-"White X-mas" Starring Bing Crosby	27	28 SITTERCISE 9:15AM BLENDS & FRIENDS BREAKFAST-8:00-10:00AM	29	30 SITTERCISE 9:15AM XMAS VENDERS w/ ASTER –10:00AM-3:00PM	