

AUGUST 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 WALK & TALK @ 4:00 O'CLOCK	2 SITTERCISE 9:15AM COFFEE & MUFFINS 10:00AM	3
4	5 SITTERCISE 9:15AM	6 PRESENTATION @ ASTER "Joylene Reavis" Emu Farm~1:30PM	7 SITTERCISE-9:15AM BLENDS & FRIENDS BREAKFAST-8:00- 10:00AM	8 WALK & TALK @ 4:00 O'CLOCK	9 SITTERCISE 9:15AM	10
11	12 SITTERCISE 9:15AM	13 SOCIAL COMMITTEE ~10:00 AM GROCERY BINGO- 1:30PM	14 SITTERCISE 9:15AM BLENDS & FRIENDS BREAKFAST-8-10AM TWINING VALLEY CARD PARTY-1:30PM	15 WALK & TALK @ 4:00 O'CLOCK	16 SITTERCISE 9:15AM COFFEE & DOUGH- NUTS-10:00AM	17
18 BINGO 6:30PM	19 SITTERCISE 9:15AM	20 BIRTHDAY BASH- 2:00PM	21 SITTERCISE-9:15AM BLENDS & FRIENDS BREAKFAST-8:00- 10:00AM	22 WALK & TALK @ 4:00 O'CLOCK	23 SITTERCISE 9:15AM ANNUAL FAMILY & FRIENDS PICNIC~ NOON	24
25	26 SITTERCISE 9:15AM MUSIC DVD & POP- CORN- ~ 1:30PM "Branson DVD"	27 MUSIC~ "Del Heins" 2:00PM	28 SITTERCISE 9:15AM BLENDS & FRIENDS BREAKFAST-8:00- 10:00AM	29 WALK & TALK @ 4:00 O'CLOCK	30 SITTERCISE 9:15AM COFFEE & MUFFINS 10:00AM	31