**Choose Your Own Path!** 

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January
February
March
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May
June

July
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# **APRIL** 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 SITTERCISE 9:15AM	2	3 BLENDS & FRIENDS- 8:00-10:00AM SITTERCISE 9:15AM	4 BLOOD PRESSURE CHECK-10:00AM WALK & TALK @ 3:00 O'CLOCK	5 SITTERCISE 9:15AM	6
7	8 SITTERCISE 9:15AM	9 SOCIAL COMMITTEE MEETING-10:00AM GROCERY BINGO– 1:30PM	10 BLENDS & FRIENDS- 8:00-10:00AM SITTERCISE 9:15AM TWINING VALLEY CARD PARTY-1:30PM	11 WALK & TALK @ 3:00 O'CLOCK	12 SITTERCISE 9:15AM COFFEE & MUFFINS 10:00AM	13
14 BINGO	15 SITTERCISE 9:15AM	16 BIRTHDAY BASH- 2:00PM	17 BLENDS & FRIENDS- 8:00-10:00AM SITTERCISE 9:15AM	18 WALK & TALK @ 3:00 O'CLOCK	19 SITTERCISE 9:15AM GOOD FRIDAY~ OFFICE CLOSED @ NOON	20
21 EASTER SUNDAY	22 SITTERCISE 9:15AM	23 MUSIC-"Rock Prairie Dulcimers" 2:00PM	24 BLENDS & FRIENDS- 8:00-10:00AM SITTERCISE 9:15AM	25 WALK & TALK @ 3:00 O'CLOCK	26 SITTERCISE 9:15AM COFFEE & DOUGH- NUTS 10:00AM	27
28 BINGO 6:30PM	29 SITTERCISE 9:15AM MOVIE & POPCORN 1:30PM	30	31 SITTERCISE 9:15AM BLENDS & FRIENDS- 8:00-10:00AM SITTERCISE 9:15AM			

# MARCH 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 SITTERCISE 9:15 AM COFFEE & DOUGH- NUTS-10:00AM	2
3 BINGO 6:30PM	4 SITTERCISE 9:15 AM	5	6 BLENDS & FRIENDS BREAKFAST 8-10AM SITTERCISE 9:15AM	7 BLOOD PRESSURE CHECK 10:00AM WALK & TALK @ 3:00 O'CLOCK	8 SITTERCISE 9:15 AM	9
10 DAY- LIGHT SAVINGS TIME BEGINS	11 SITTERCISE 9:15 AM GROCERY BINGO 1:30PM	12 SOCIAL COMMITTEE 10:00AM	13 BLENDS & FRIENDS BREAKFAST 8-10AM SITTERCISE 9:15 AM TWINING VALLEY CARD PARTY-1:30PM	14 JUNCTION JAMMERS- 1:30PM w/ refreshments WALK & TALK @ 3:00 O' CLOCK	15 SITTERCISE-9:15AM COFFEE & MUFFINS 10:00AM	16
17 ST. PATTY'S DAY	18 SITTERCISE 9:15 AM	19 BIRTHDAY BASH 2:00PM	20 BLENDS & FRIENDS BREAKFAST 8-10AM SITTERCISE 9:15 AM	21 "SOUPER THURSDAY"- NOON WALK & TALK @ 3:00 O'CLOCK	22 SITTERCISE 9:15 AM	23
24 . BINGO 6:30PM 31.	25 MOVIE & POPCORN 1:30PM	26	27 BLENDS & FRIENDS BREAKFAST 8-10AM SITTERCISE 9:15 AM	28 MUSIC-"The Twighlighters"– 2:00.PM WALK & TALK @ 3:00 O'CLOCK	29 SITTERCISE 9:15AM COFFEE & DOUGH- NUTS- 10:00AM	30

# FEBRUARY 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 SITTERCISE 9:15 AM COFFEE & DOUGH- NUTS-10:00AM	2
3 BINGO- 6:30PM	4 SITTERCISE 9:15 AM	5	6 BLENDS & FRIENDS BREAKFAST 8-10AM SITTERCISE 9:15AM	7 BLOOD PRESSURE CHECK-10:00AM WALK & TALK @ 3:00 O'CLOCK	8 SITTERCISE 9:15	9
10	11 SITTERCISE 9:15 AM GROCERY BINGO 1:30PM	12 SOCIAL COMMIITTEE- 10:00AM	13 BLENDS & FRIENDS BREAKFAST 8-10AM SITTERCISE 9:15 AM TWINING VALLEY CARD PARTY-1:30PM	14 ~ VALENTINES DAY ~ JUNCTION JAMMERS 1:30PM & TREATS WALK & TALK @ 3:00 O' CLOCK	15 SITTERCISE-9:15AM COFFEE & MUFFINS 10:00AM	16
17 BINGO 6:30PM	18 SITTERCISE 9:15 AM	19 BIRTHDAY BASH 2:00PM	20 BLENDS & FRIENDS BREAKFAST 8-10AM SITTERCISE 9:15 AM	21 WALK & TALK @ 3:00 O'CLOCK	22 SITTERCISE 9:15 AM GAME DAY-1:30PM	23
24.	25 MOVIE & POPCORN 1:30PM	26	27 BLENDS & FRIENDS BREAKFAST 8-10AM SITTERCISE 9:15 AM	28 WALK & TALK @ 3:00 O'CLOCK		

# JANUARY 2019

	Mon	Tue	Wed	Thu	Fri	Sat
		1 HAPPY NEW YEAR!!! OFFICE CLOSED	2 SITTERCISE 9:15AM BLENDS & FRIENDS BREAKFAST 8-10AM	3 BLOOD PRESSURE CHECK-10:00AM WALK & TALK @ 3:00 O'CLOCK	4 SITTERCISE 9:15AM COFFEE & DOUGHNUTS 10:00AM	5
6 BINGO- 6:30PM	7 SITTERCISE 9:15AM GROCERY BINGO- 1:30PM	8 SOCIAL COMMITTEE- 10:00AM	9 BLENDS & FRIENDS BREAKFAST 8-10AM SITTERCISE 9:15 AM TWINING VALLEY CARD PARTY-1:30PM	10 WALK & TALK @ 3:00 O'CLOCK	11 SITTERCISE 9:15 AM GAME DAY- 1:30PM	12
13	14 SITTERCISE 9:15AM	15 BIRTHDAY BASH- 2:00PM	16 BLENDS & FRIENDS BREAKFAST 8-10AM SITTERCISE 9:15AM	17 WALK & TALK @ 3:00 O'CLOCK	18 SITTERCISE 9:15 AM COFFEE & MUFFINS 10:00AM	19
20 BINGO 6:30PM	21 SITTERCISE 9:15AM	22	23 SITTERCISE 9:15AM BLENDS & FRIENDS BREAKFAST 8-10AM SITTERCISE 9:15AM	24 WALK & TALK @ 3:00 O'CLOCK	25 SITTERCISE 9:15AM	26
27	28 SITTERCISE 9:15AM CONCERT & POP- CORN– 1:30PM	29 NEW NEIGHBOR- HOOD MIXER PARTY 1:30PM	30 SITTERCISE 9:15AM BLENDS & FRIENDS BREAKFAST 8-10AM SITTERCISE 9:15AM	31 WALK & TALK @ 3:00 O'CLOCK		

#### Twining Valley

#### **Choose Your Own Path!**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1.
2.	3. SITTERCISE 9:15AM	4. CRAFT PROJECT w/ Joy- 1:30PM	5. BLENDS & FRIENDS- 8-10AM SITTERCISE 9:15 AM	6. BLOOD PRESSURE CHECK-10:00AM WALK & TALK @ 3:00 O'CLOCK	7. SITTERCISE 9:15 AM COFFEE & DOUGHNUTS 10:00AM	8.
9. BINGO 6:30PM	10. SITTERCISE 9:15 AM JR. OPTIMIST-BINGO 2:45PM	11. SOCIAL COMMITTEE -10:00AM CARLSON FAMILY XMAS MUSIC-2:00- 3:00PM	12. BLENDS & FRIENDS- 8-10AM SITTERCISE 9:15 AM TWINING VALLEY CARD PARTY-1:30PM	13. WALK & TALK @ 3:00 O'CLOCK	14. SITTERCISE-9:15AM RESIDENT CHRISTMAS PARTY-NOON	15.
16.	17. SITTERCISE 9:15 AM	18. BIRTHDAY BASH- 2:00PM	19. BLENDS & FRIENDS- 8-10AM SITTERCISE 9:15 AM	20. WALK & TALK @ 3:00 O'CLOCK	21. SITTERCISE 9:15 AM COFFEE & MUFFINS- 10:00AM	22.
23.	24. CHRISTMAS EVE OFFICE CLOSED	25. CHRISTMAS DAY OFFICE CLOSED	26. BLENDS & FRIENDS- 8-10AM	27. WALK & TALK @ 3:00 O'CLOCK	28. SITTERCISE 9:15 AM	29.
30. BINGO 6:30PM	31. NEW YEARS EVE OFFICE CLOSED	MERRY CHRISTMAS!	SITTERCISE 9:15 AM MOVIE & POPCORN- 1:30PM "Home Alone"			

### NOVEMBER 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 BLOOD PRESSURE CHECK-10:00AM	2 SITTERCISE 9:15AM	3
4 DAYLIGHT SAVINGS TIME ENDS~	5 SITTERCISE 9:15AM	6 ~ ELECTION DAY ~	7 SITTERCISE-9:15AM BLENDS & FRIENDS BREAKFAST-8:00- 10:00AM	8	9 SITTERCISE 9:15AM COFFEE & DOUGH- NUTS-10:00AM VETERANS-Pie & Coffee 1:00-3:00PM	10
11 VETERANS DAY	12 SITTERCISE 9:15AM GROCERY BINGO- 1:30PM	13 SOCIAL COMMITTEE ~10:00 AM BIRTHDAY BASH 2:00PM	14 SITTERCISE 9:15AM BLENDS & FRIENDS BREAKFAST-8-10AM TWINING VALLEY CARD PARTY-1:30PM	15 CHILI COOK-OFF WITH ASTER @ TWINING VALLEY 2:00PM	16 SITTERCISE 9:15AM	17 United Methodist Church- 1:30- 2:30PM
18 BINGO 6:30PM	19 SITTERCISE 9:15AM PARKSIDE 2nd GRAD- ERS-10:30AM	20 HARVEST LUNCH- NOON	21 SITTERCISE-9:15AM BLENDS & FRIENDS BREAKFAST-8:00- 10:00AM	THANKSGIVING DAY ~OFFICE CLOSED~	23 ~ OFFICE CLOSED ~	24
25	26 SITTERCISE 9:15AM MOVIE & POPCORN- 1:30PM-"White X-mas" Starring Bing Crosby	27	28 SITTERCISE 9:15AM BLENDS & FRIENDS BREAKFAST-8:00- 10:00AM	29	30 SITTERCISE 9:15AM XMAS VENDERS w/ ASTER -10:00AM- 3:00PM	

### OCTOBER 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 SITTERCISE 9:15AM	WALK & TALK @ 4:00 O 'CLOCK	3 BLENDS & FRIENDS- 8:00-10:00AM SITTERCISE 9:15AM	4 BLOOD PRESSURE CHECK-10:00AM **FLU SHOTS-10:00AM WALK & TALK @ 4:00 O'CLOCK	5 SITTERCISE 9:15AM	6
7	8 SITTERCISE 9:15AM	9 SOCIAL COMMITTEE MEETING-10:00AM	10 BLENDS & FRIENDS- 8:00-10:00AM SITTERCISE 9:15AM TWINING VALLEY CARD PARTY-1:30PM	11 ART CLASS w/PAT- 1:30PM	12 SITTERCISE 9:15AM COFFEE & DOUGH- NUTS-10:00AM	13
14 BINGO- 6:30PM	15 SITTERCISE 9:15AM	16 BIRTHDAY BASH- 2:00PM	17 BLENDS & FRIENDS- 8:00-10:00AM SITTERCISE 9:15AM	18 SPEAKER-SSM Health "Signs your Loved ones need more care" 2:00PM	19 SITTERCISE 9:15AM	20
21	22 SITTERCISE 9:15AM	23 MUSIC-"Ernie Saunders" 2:00PM	24 BLENDS & FRIENDS- 8:00-10:00AM SITTERCISE 9:15AM	25 CHEESE & CRACKER SNACKER PARTY- 1:30PM	26 SITTERCISE 9:15AM COFFEE & MUFFINS 10:00AM	27
28 BINGO- 6:30PM	29 TRICK OR TREATING 3:30-5:00PM	30 MOVIE & POPCORN- "Moonlight in Vermont" 1:30PM	31 BLENDS & FRIENDS- 8:00-10:00AM SITTERCISE 9:15AM			

### SEPTEMBER 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1.
2. BINGO 6:30PM	3. ~ LABOR DAY~ OFFICE CLOSED	4. SUNDAE TUESDAY- 1:30PM	5. BLENDS & FRIENDS- 8-10AM SITTERCISE 9:15 AM	6. BLOOD PRESSURE CHECK-10:00AM Senior Center Brat Bash 10:00AM-6:00PM	7. SITTERCISE 9:15 AM	8. ALZHEIMER WALK
9.	10. SITTERCISE 9:15 AM GROCERY BINGO 1:30PM	11. SOCIAL COMMITTEE -10:00AM	12. BLENDS & FRIENDS- 8-10AM SITTERCISE 9:15 AM TWINING VALLEY CARD PARTY-1:30PM	13.	14. SITTERCISE-9:15AM COFFEE & DOUGH- NUTS 10:00AM- 10:00AM ~CHEESE DAYS~	15. CHEESE DAYS
16. CHEESE DAYS PARADE 12:30PM	17. SITTERCISE 9:15 AM	18. BIRTHDAY BASH- 2:00PM	19. BLENDS & FRIENDS- 8-10AM SITTERCISE 9:15 AM SHOPKO OPTICAL EYE CARE-1:30PM	20. ART CLASS w/PAT- 1:30PM	21. SITTERCISE 9:15 AM	22. MOVIE NIGHT 6:30PM
23. BINGO 6:30PM 30.	24. SITTERCISE 9:15AM MOVIE & POPCORN 1:30PM—"Harvey"	25. MUSIC-"Del Heins" 2:00PM	26. BLENDS & FRIENDS- 8-10AM SITTERCISE 9:15 AM	27.	28. SITTERCISE 9:15 AM COFFEE & MUFFINS 10:00AM	29.

# AUGUST 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 BLENDS & FRIENDS BREAKFAST 8-10AM SITTERCISE 9:15AM	2 BLOOD PRESSURE CHECK-10:00AM	3 SITTERCISE 9:15AM COFFEE & MUFFINS- 10:00AM	4
5	6 SITTERCISE 9:15AM	7	8 BLENDS & FRIENDS BREAKFAST 8-10AM SITTERCISE-9:15AM TWINING VALLEY CARD PARTY- 1:30PM	9 OUT-TO-LUNCH "Suisse Haus"11:15AM	10 SITTERCISE 9:15AM	11
12 BINGO- 6:30PM	13 SITTERCISE 9:15AM	14 SOCIAL COMMITTEE– 10:00 AM	15 BLENDS & FRIENDS BREAKFAST 8-10AM SITTERCISE 9:15AM	16	17 SITTERCISE 9:15AM COFFEE & DOUGH- NUTS 10:00AM	18 MOVIE NIGHT 6:30PM
19	20 SITTERCISE 9:15AM	21 BIRTHDAY BASH- 2:00PM	22 BLENDS & FRIENDS BREAKFAST 8-10AM SITTERCISE-9:15AM	23 ART CLASS w/ PAT 1:30PM	24 SITTERCISE 9:15AM FAMILY & FRIENDS PICNIC-NOON	25
26 BINGO- 6:30PM	27 SITTERCISE 9:15AM MOVIE & POPCORN -1:30PM	28	29 BLENDS & FRIENDS BREAKFAST 8-10AM MUSIC-"Chip Messiner" Song writer & Producer 2:00PM	30	31	

# JULY 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 SITTERCISE 9:15AM	3	4 INDEPENDENCE DAY ~ OFFICE CLOSED ~	5 BLOOD PRESSURE CHECK-10:00AM	6 SITTERCISE 9:15AM COFFEE & MUFFINS 10:00AM	7
8	9 SITTERCISE 9:15AM GROCERY BINGO- 1:30PM	10 SOCIAL COMMITTEE MEETING-10:00AM	11 BLENDS & FRIENDS BREAKFAST 8-10AM SITTERCISE 9:15AM TWINING VALLEY CARD PARTY-1:30PM	12	13 SITTERCISE 9:15AM	14
15 BINGO 6:30PM	16 SITTERCISE 9:15AM	17 BIRTHDAY BASH- 2:00PM	18 BLENDS & FRIENDS BREAKFAST 8-10AM SITTERCISE 9:15AM	19	20 SITTERCISE 9:15AM COFFEE & DOUGHNUTS -10:00AM	21 MOVIE NIGHT 6:30PM
22	23 SITTERCISE 9:15AM SUNDAE MONDAY- 1:30PM	24	25 BLENDS & FRIENDS BREAKFAST 8-10AM SITTERCISE 9:15AM	26 MUSIC-"Hugo Espinga" Guitar-2:00PM	27 SITTERCISE 9:15AM	28
29 BINGO 6:30PM	30 SITTERCISE 9:15AM MOVIE & POPCORN 1:30PM	31				

## JUNE 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 SITTERCISE 9:15 AM	2
3 BINGO- 6:30PM	4 SITTERCISE 9:15 AM	5	6 BLENDS & FRIENDS BREAKFAST 8-10AM SITTERCISE 9:15AM	7 BLOOD PRESSURE CHECK-10:00AM	8 SITTERCISE 9:15 COFFEE & MUFFINS 10:00AM	9
10	11 SITTERCISE 9:15 AM	12 SOCIAL COMMIITTEE- 10:00AM	13 BLENDS & FRIENDS BREAKFAST 8-10AM SITTERCISE 9:15 AM TWINING VALLEY CARD PARTY-1:30PM	14 FLAG DAY	15 SITTERCISE-9:15AM BRAT BASH 10:00AM- 2:00PM	16
17 HAPPY FATHERS DAY!	18 SITTERCISE 9:15 AM	19 BIRTHDAY BASH 2:00PM	20 BLENDS & FRIENDS BREAKFAST 8-10AM SITTERCISE 9:15 AM	21 MUSIC-"Schliem & Peterson Band" 2:00PM 1ST DAY OF SUMMER	22 SITTERCISE 9:15 AM COFFEE & DOUGH- NUTS -10:00AM	23
24 . BINGO 6:30PM	25 MOVIE & POPCORN 1:30PM	26	27 BLENDS & FRIENDS BREAKFAST 8-10AM SITTERCISE 9:15 AM	28	29 SITTERCISE 9:15 AM	30

## MAY 2018

	Mon	Tue	Wed	Thu	Fri	Sat
		1 ~ MAY DAY ~	2 SITTERCISE 9:15AM BLENDS & FRIENDS BREAKFAST 8-10AM	3 BLOOD PRESSURE CHECK-10:00AM SPEAKER-Old Na- tional Bank –1:30PM	4 SITTERCISE 9:15AM	5
6 BINGO- 6:30PM	7 SITTERCISE 9:15AM	8 SOCIAL COMMITTEE- 10:00AM	9 BLENDS & FRIENDS BREAKFAST 8-10AM SITTERCISE 9:15 AM TWINING VALLEY CARD PARTY-1:30PM	10 ART PROJECT– w/ Pat Payas-1:30PM	11 SITTERCISE 9:15 AM COFFEE & MUFFINS 10:00AM ASTER STYLE SHOW- 2:00-3:00PM	12
13 HAPPY MOTHERS DAY!	14 SITTERCISE 9:15AM GROCERY BINGO- 1:30PM	15 BIRTHDAY BASH- 2:00PM	16 BLENDS & FRIENDS BREAKFAST 8-10AM SITTERCISE 9:15AM	17	18 SITTERCISE 9:15 AM	19 MOVIE NIGHT 3:00PM
20 MUSIC- "Gone Fishing" 1:30PM BINGO 6:30PM	21 SITTERCISE 9:15AM	22	23 BLENDS & FRIENDS BREAKFAST 8-10AM SITTERCISE 9:15AM	24	25 SITTERCISE 9:15AM COFFEE & DOUGHNUTS 10:00AM	26
27	28 MEMORIAL DAY OFFICE CLOSED	29 CONCERT & POPCORN 1:30PM	30 BLENDS & FRIENDS BREAKFAST 8-10AM SITTERCISE 9:15AM	31		