

# **FIRST AID Written Exam (2015 ECC Guidelines)**

Training Center: Health Solutions of Idaho, LLC Location: Boise, Idaho

Name: \_\_\_\_\_ Date: \_\_\_\_\_

1. List three of the four actions that you must follow to have protection from civil liability under the Good Samaritan Law.

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2. List the three universal first aid procedures.

\_\_\_\_\_

3. Assess – If there is a child victim present, who is NOT injured and can be removed from a traumatic situation, should you remove them? Why?

\_\_\_\_\_  
\_\_\_\_\_

4. List three P.P.E. items you can use to protect yourself from infections and blood borne pathogens.

\_\_\_\_\_

5. In what sequence would you conduct your patient assessment on an adult? On a child/infant and why?

\_\_\_\_\_

6. When conducting our head to toe assessment what four major items are you looking for?

D \_\_\_\_\_ O \_\_\_\_\_ T \_\_\_\_\_ S \_\_\_\_\_

7. What would be your treatment for a deformity?

\_\_\_\_\_

8. List the three steps to bleeding control.

\_\_\_\_\_

9. Do you place a tourniquet on a child or infant? Circle: YES or NO

10. What is the treatment for tenderness and swelling (sprain, strains, bruising)?

R \_\_\_\_\_ I \_\_\_\_\_ C \_\_\_\_\_ E \_\_\_\_\_

11. Use S.A.M.P.L.E. to obtain information from a victim when performing first aid. What does “A” and “M” stand for in S.A.M.P.L.E.?

A \_\_\_\_\_

M \_\_\_\_\_

12. What causes shock (Hypoperfusion) and what is the treatment for shock?

\_\_\_\_\_  
\_\_\_\_\_

13. When a victim has an impaled object located in any part of the body should you remove the object? Why or why not?

\_\_\_\_\_

14. A.) What is the treatment for a first-degree burn? (*Symptoms: Redness and swelling of skin*)

\_\_\_\_\_

B.) When performing first aid with a child and the injury is a first-degree burn, what do you need to be cautious of when cooling the victim?

\_\_\_\_\_

15. If a person receives a sting and a stinger is still present, how should you remove it?

\_\_\_\_\_

Do you use tweezers? Circle: YES or NO

16. When dealing with a victim that has an eye injury of any sort, do you cover just the injured eye or both eyes? Why or why not?

\_\_\_\_\_

17. What is the procedure of treatment for a person that has a nosebleed?

\_\_\_\_\_

18. Because of the progressive nature of concussion, it is best NOT to allow an affected person to perform actions that could pose a risk for additional injury? (*Example: Drive a motor vehicle*)  
Circle: TRUE or FALSE

19. A.) If the scene is *safe*, the victim is responsive and has a suspected head, neck, or spinal injury, do you want to move them?

Circle: YES or NO

B.) When applying first aid or performing CPR and the scene becomes unsafe, the victim has a suspected head, neck, or spinal injury; do you want to move them?

Circle: YES or NO

20. Would you ever apply a second EpiPen dose to a victim who is having a severe allergic reaction? If so, why?

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21. A.) What are the symptoms of a person who is having a diabetic emergency?

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B.) When should you call 9-1-1 for a diabetic emergency?

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22. What are four major treatment guidelines for heat exhaustion or heat stroke?

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23. What are four major treatment guidelines for hypothermia?

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24. What should your treatment be for a patient who is having a seizure?

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25. List three warning signs of a heart attack:

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26. List the F.A.S.T warning signs of a stroke:

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*\* If given within 3 hours of the start of symptoms, a clot-busting drug can reduce long-term disability for the most common type of stroke so it is vital that we seek medical attention!*

27. Name four health related emergencies in which 911 should be called.

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28. Should you call 911 if you are ever in doubt about the need of help? Circle: YES or NO

#### Returning Test or Test Answers Options

- |                            |   |
|----------------------------|---|
| 1. CLASS                   | Bring with you to your CPR class                  |
| 2. EMAIL                   | joel_healthsolutions@live.com                     |
| 3. TEXT PICTURES (3 PAGES) | 208-249-7157                                      |
| 4. MAIL                    | 11588 W. Fairview Ave., Suite 200 Boise, ID 83713 |