

FIRST AID Written Exam 2018 (2015 ECC Guidelines)

Training Center: Health Solutions of Idaho, LLC Location: Boise, Idaho

Name: _____ Date: _____

1. List three of the four actions that you must follow to have protection from civil liability under the Good Samaritan Law.

2. List the three universal first aid procedures.

3. Assess – If there is a child victim present, who is NOT injured and can be removed from a traumatic situation, should you remove them? Why?

4. List three P.P.E. items you can use to protect yourself from infections and blood borne pathogens.

5. In what sequence would you conduct your patient assessment on an adult? On a child/infant and why?

6. When conducting our head to toe assessment what four major items are you looking for?

D _____ O _____ T _____ S _____

7. What would be your treatment for a deformity?

8. List the three steps to bleeding control.

9. Do you place a tourniquet on a child or infant? Circle: YES or NO

10. What is the treatment for tenderness and swelling (sprain, strains, bruising)?

R _____ I _____ C _____ E _____

11. Use S.A.M.P.L.E. to obtain information from a victim when performing first aid. What does "A" and "M" stand for in S.A.M.P.L.E.?

A _____

M _____

12. What causes shock (Hypoperfusion) and what is the treatment for shock?

13. When a victim has an impaled object located in any part of the body should you remove the object? Why or why not?

14. A.) What is the treatment for a first-degree burn? (*Symptoms: Redness and swelling of skin*)

B.) When performing first aid with a child and the injury is a first-degree burn, what do you need to be cautious of when cooling the victim?

15. If a person receives a sting and a stinger is still present, how should you remove it?

_____ Do you use tweezers? Circle: YES or NO

16. When dealing with a victim that has an eye injury of any sort, do you cover just the injured eye or both eyes? Why or why not?

17. What is the procedure of treatment for a person that has a nosebleed?

18. Because of the progressive nature of concussion, it is best NOT to allow an affected person to perform actions that could pose a risk for additional injury? (*Example: Drive a motor vehicle*)
Circle: TRUE or FALSE

19. A.) If the scene is *safe*, the victim is responsive and has a suspected head, neck, or spinal injury, do you want to move them?
Circle: YES or NO

B.) When applying first aid or performing CPR and the scene becomes unsafe, the victim has a suspected head, neck, or spinal injury; do you want to move them?
Circle: YES or NO

20. Would you ever apply a second EpiPen dose to a victim who is having a severe allergic reaction? If so, why?

21. A.) What are the symptoms of a person who is having a diabetic emergency?

B.) When should you call 9-1-1 for a diabetic emergency?

22. What are four major treatment guidelines for heat exhaustion or heat stroke?

23. What are four major treatment guidelines for hypothermia?

24. What should your treatment be for a patient who is having a seizure?

25. List three warning signs of a heart attack:

26. List the F.A.S.T warning signs of a stroke:

** If given within 3 hours of the start of symptoms, a clot-busting drug can reduce long-term disability for the most common type of stroke so it is vital that we seek medical attention!*

27. Name four health related emergencies in which 911 should be called.

28. Should you call 911 if you are ever in doubt about the need of help? Circle: YES or NO

Returning Test or Test Answers Options

- | | |
|----------------------------|--|
| 1. CLASS | Bring with you to your CPR class |
| 2. FAX | 208-331-4535 |
| 3. EMAIL | joel_healthsolutions@live.com |
| 4. TEXT PICTURES (3 PAGES) | 208-249-7157 |
| 5. MAIL | 4401 N. Eagle Rd., Suite 103 Boise, ID 83713 |