



THE CHATTERBOX



6800 Parkside Cr, DeForest, WI 53532 GM: (608) 846-7900 Sales: (608) 846-4640

www.theparksidevillage.com

EVENTS:

- 4) Independence Day/ **Happy 4th of July!**
 - 5) Men's Breakfast
 - 7) Farkle Dice party
 - 11) Lunch Bunch/**GREAT AMERICAN COOKOUT**
 - 13) Movie Matinee
 - 14) Coffee Hour (hosted by Kathy Kessler)
 - 18) B I N G O
 - 19) Casino Bus Trip-Black River Falls
 - 20) Parkside Ladies Meet
 - 21) Farkle Dice Party
 - 28) Coffee hour (hosted by Bev Hull & Betty Kamin)
- Looking ahead to August:
Golf Outing Aug. 15th

SPECTACULAR FUN & FIREWORKS DISPLAY:

July 4th at 10:30 AM is the parade and fireworks are at dusk. There is lots of other fun things going on July 3 & 4th at Fireman's Park DeForest! For a full listing of events happening at the park go to <http://www.vi.deforest.wi.us/> and look under events.

GREAT AMERICAN COOKOUT



Date: Tuesday, July 11th

Time: Noon **Place:** Parkside Community Room & Verandas (with some outdoor seating)

FREE for Residents!!! (\$5.00 for non-resident guests)



Menu Items Include: Grilled (on-site) burgers and chicken breasts, Potato Salad, Cole Slaw and Baked Beans. Assorted desserts & cold beverages too!

You NEED to sign up for this event by July 7th so we know how much to buy. Thank you! Please also let us know if you plan on bringing a dessert to share.

HOT Weather & Dehydration:

Older adults can't cool down as quickly or as well as younger people. They are also less likely to feel thirsty, which means they're more likely to become dehydrated.

What is Dehydration? It is a loss of water in your body. It can be serious if not treated.

Warning signs: Weakness, headache, muscle cramps, dizziness, confusion, and passing out.

What to do: Call your healthcare provider or 911. Meanwhile, drink plenty of water and, if you're diet allows, "sports drinks, which contain important salts called "electrolytes." Among other things, electrolytes play a key role in regulating your heartbeat. Your body loses electrolytes when you're dehydrated.

Use common sense. If the heat is intolerable, stay indoors

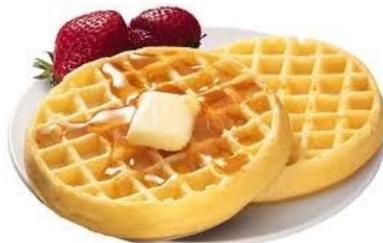


- when you can and avoid activities in direct sunlight or on hot asphalt surfaces. Pay special attention because as you age you may dehydrate more easily and be more susceptible to heat-related illnesses. Don't forget that pets also need protection from dehydration and heat-related illnesses too.

DUE TO 4TH OF JULY: Ladies Monthly Breakfast is cancelled for July.

See you August 1st!!

The Men's Breakfast will be Wednesday, July 5th at 8:30 am at DeForest Family Restaurant and menu is whatever you want it to be! They have everything from eggs to waffles to gyro omelets to pie ala mode! Plan on going and having a good time. If you know of any new residents that might enjoy going ask them along. The most important thing is have a great time!



Saying Good-bye is never easy!

Paul Becker a long time resident and friend to so many here passed away last month.

He served on our Social Committee as Treasurer for years. Him and his wife Sandy would play Santa and Mrs Claus for Holiday parties and also for many other organizations. He played the part well by growing out a real beard. He also helped cook and organize many fabulous meals for events here. His upbeat demeanor and genuine interest in others and helping others was inspiring. He also had a passion for photography and was always snapping photos at events and of nature (see photo below). To read Paul's complete obituary go to <http://host.madison.com/news/local/obituaries/becker-paul-w-santa/> We miss you Paul!



500 PLAYERS

We are starting a new mixed card group playing 500 starting on every other Friday at 1:00 pm. This is the same Friday as morning coffee so it will be easy to remember. If you haven't played in a long time, or have never played and want to learn, come and join us. We are easy to get along with, and it will be fun!

CONGRATS!! TO THIS MONTH'S STAYING ACTIVE WINNERS ~ Nancy Moran and Bev Hull who both win a \$10.00 Pick n Save Gift Card

All are invited to join in on the fun. Stop in the office and see Julie or Todd. Remember: Exercise reduces stress and increases endorphins in the brain-which improves mood, reduces depression, and helps keep us active and involved. It also improves balance and muscle strength which can reduce falls. Outdoor exercise supplies the body with Vitamin D which is needed for good brain function. Always talk to your Physician before starting new exercise routines.



What did one flag say to the other flag?

Nothing. It just waved!

A Note of Thankfulness:

During my knee replacement surgery, I wish to Thank you-all for your calls, visits and cards.

It is appreciated for the concerns from Parkside Village residents.

See you soon when I can walk again, with ease around the circle.

~Donna Wiessinger



LUNCH BUNCH:

July 11th at 11:30 am. This month the restaurant is The Blue Spoon in Prairie du Sac and the hostesses are Rachel Anderson 846-3103 and Joan Johnson 630-0614. Please call one of them for menu choices, directions and to RSVP. Thank you!

LOOKING AHEAD TO AUGUST:

Our Annual Golf Outing will be

Tuesday, August 15th at 8 AM Tee-Time

LAKE WINDSOR

Free 9 holes of Golf with cart FUN!!! FOOD!! PRIZES!!!



This year in conjunction with the golfing we will have a Cards/ Game Party going on in the **Community room. Non-Golfers are welcome to come and play Cards, dice, cribbage whatever you like. Get a table together in the morning and have fun. Everyone at Parkside is invited to a free light lunch following the golf outing (around noon).**

You will need to RSVP to Todd or Julie for this event by August 11th. We need to know if you will be golfing and/or coming to lunch.



PARKSIDE VILLAGE CASINO BUS TRIP— Ho Chunk Black River Falls
(formerly Majestic Pines)

WEDNESDAY, JULY 19, 2017

Trip Cost: \$30.00 each

Trip includes: \$25.00 on your player card & Donuts, milk, or juice provided on the bus



Bus leaves Parkside at 8am and returns back at 4:30 pm

Reservations due by July 11th and monies are due by July 16th.

Bring your Ho Chunk player's card. If you do not have one, bring along a picture ID and social security card. You do need a player's

Card if you hit a jackpot of \$1200.00 or more (THINK BIG!)

For Questions or to make a reservation call Philys Clark at 846-4621.



CALLING ALL PARKSIDE VETERAN'S:

Please call or e-mail Julie or Todd in the office as soon as possible if you are a Veteran. We along with a couple special ladies are working on a Veteran's day event we would like to have here the day before Veteran's day in November honoring all of you. We just don't want to miss anybody so if you could please let us know when you served, what branch of military and if you were did any active duty.

The Parkside Ladies:

The ladies are getting together on Thursday, July 20th for a "surprise" meeting at the regular time of 2pm and meeting in the Community Room.

Last month the Ladies did an off-site field trip where they had lunch hosted by the Amish in Markesan. They had 17 ladies attend and a great time was had by all.

Come to the meeting this month and see what interesting ideas are in store for the upcoming months. If you have never come to a meeting before you should stop in and see what fun can be had. All Parkside Ladies are invited!!

Movie Matinee:

Due to growing interest in our movie afternoon's we will now be doing 2 showings of our movie this month one earlier at 10am and the other at 2pm.

We will be seeing the Movie STILL MINE
Rated PG13

A farmer (James Cromwell) fights back when local authorities hamper his efforts to build a cottage for his dementia-stricken wife (Geneviève Bujold).

