

LUGGAGE AND PACKING SUGGESTIONS

LUGGAGE: Luggage must be limited to one suitcase no larger than 30" high, 20" wide, 12" deep, **(NOT A DUFFEL BAG)** that can be stacked underneath the bus and one backpack which will be provided by Winston-Salem Grand Western Tours. Other carry-on articles for inside the bus are pillow (covered with a bright and/or colored pillowcase that will stand out from the hotel bedding), a light blanket, and a light jacket. Everything else should be packed. **NOTE:** Weight of luggage is an important consideration. Each person is responsible for carrying his or her own luggage!! Do not bring luggage carrier or cart as there is no space for such equipment on the bus. Folding garment bags are not acceptable.

BAGGAGE INSURANCE: Baggage is "at owner's risk" throughout the tour. We are not responsible for the loss, theft or damage of a tour member's baggage or personal effects. For complete protection, we strongly recommend that you purchase baggage insurance as well as accident and health insurance.

PACKING SUGGESTIONS: The following list may assist you in packing:

GIRLS

Underwear/Socks
Jeans/Shorts
Blouses/Knit Shirts
Dress or Skirt (2-3)
Sleepwear
Swimsuits (1-2)
Sweater/Jacket/Sweatshirt
Shoes (4 pair, including tennis, sandals, dress, water shoes for whitewater rafting)
Large Towel (1)

BOYS

Underwear/Socks
Knit Shirts/T-Shirts
Collared Shirts
Shorts/Jeans/Khakis
Sleepwear
Swimsuits (1-2)
Sweater/Jacket/Sweatshirt
Shoes (3-4 pair, including tennis, sandals, dress, water shoes for whitewater rafting)
Large Towel (1)

CLOTHING AND PERSONAL ITEMS SHOULD BE MARKED WITH STUDENT'S ASSIGNED NUMBER

MISCELLANEOUS ITEMS: Essentials: Toothbrush, toothpaste, wristwatch, waterproof laundry bag (may be a plastic pillow cover) for soiled clothes inside suitcase. Other: Sunglasses, plastic bag for wet swimsuit, camera, plastic bottles for shampoo and lotions, shaving kit; refillable water bottle; portable battery charger for cell phone. Laundry facilities will be available at several stops in intervals of seven to ten days. We suggest that wearing apparel be of machine washable, quick drying fabrics. You may bring your own laundry essentials or purchase at the laundry facilities. Do not pack laundry pods containing liquid. **Note:** Appropriate attire is required at all times. Suggestive or inadequate clothing is not acceptable. If a student appears to be wearing inappropriate clothing, he or she will be required to change clothes. This decision will be left to the tour staff member's discretion.

SPENDING MONEY: The tour provides many meals, as specified in the itinerary. The amount of money to take for other meals and for personal spending is left to individual discretion. Debit Cards, prepaid cards, or credit cards with an authorized user have been used on past tours.