

'GOT TRIBE?' RO-DBT FAMILY PROGRAM

For family members of loved ones struggling with chronic depression & anxiety, OCD, autism spectrum disorder, and anorexia. Join us as we share six Saturday mornings to learn, grow and heal together.

Our family program focuses on supporting you! A willingness to be open to new ideas and practices is all that's needed. Space is limited to 12 members, so please call and reserve your spot today.

Cost: \$450 per person for 18 program hours & supplies

September 23, 2017 9am-12pm October 7, 2017 9am-12pm October 21, 2017 9am-12pm November 4, 2017 9am-12pm November 18, 2017 9am-12pm December 2, 2017 9am-12pm

For more information call Heidi Petracco, LCSW 813-602-2312 hpetraccotampabaydbt@gmail.com



FURTHER UNDERSTANDING OF YOUR LOVED ONE

IDENTIFY CONTRIBUTING FAMILY DYNAMICS

COPE WITH DIFFICULT AND UNSAFE BEHAVIOR

DEVELOP HEALTHY FAMILY HABITS

TAMPA BAY DBT

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